"7 Do not be wise in your own eyes; fear the LORD and shun evil. 8 This will bring health to your body and nourishment to your bones."

(Proverbs 3:7-8)

Three things God wants you to observe and follow and you will receive His blessings into your life.

1- Do not be wise in your own eyes: You have your own wisdom and you have your own understanding. But that will not be helpful to you, God has His own word and ways and that you need to follow. Don't follow the ways of others who believe themselves more than the ways of the Lord; they trust their own experience, their own mind set up and thoughts, and not the word of God and His ways. In such a manner it will not go well with you.

Surrender everything to God and follow his word and abide in his ways and you will be blessed.

2- Fear the LORD: Revere the Lord and walk humbly in his ways. Don't do anything if the Lord would not tell you to do. Don't follow the example of others who plan and do their own will and ways without God's approval or God telling them to do that. You will fail if you are not careful to fear the Lord.

3- Shun evil: Don't be envious and go and do wrong as others are doing. Yes you can do what you like but you will reap the bad consequences of that.

Do not be wise in your own eyes; fear the LORD and shun evil, this will bring the following into your life:

A- Health to your body: Sin can bring sickness in life? Yes, therefore be careful to obey God so healing will flow in your body. You will have peace of mind and rest round about.

**B-** Nourishment to your bones: You will have the strength that you will receive from the Lord to go on and live your life unto Him in doing his will.

Obedient life unto God will bring good health in our lives.

## My Prayer

Father God I come before you in the name of Jesus who died on the cross for my sins to give me eternal life. Lord thank you for your goodness and your faithfulness to me. Lord I commit my ways and my life unto you. Lord I repent from my sins \_\_\_\_\_\_. I renounce them all, I renounce my own ways, and I commit myself to comply with your will. Lord take hold of my hand and help me to achieve what you call me to be and to do, this all I ask and pray in Jesus name Amen.



"He sent forth his word and healed them; he rescued them from the grave."

(Psalm 107:20)

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## The Lord Is My Shepherd

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"he taught me and said,
"Lay hold of my words with all
your heart; keep my commands
and you will live."

(Proverbs 4:4)